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Why do I need to start so slow?

If your child's dosage of Liver Life is too high some of the excess acids may not be able to drain efficiently; this may result in a mild healing crisis. Symptoms your child may experience as a result of a healing crisis are flu-like symptoms and/or skin rash. If your child experiences any of the symptoms listed above lower the dose by half; if symptoms persist supplement 2-3 doses of activated charcoal to absorb excess acids, then continue Liver Life protocol at reduced dose.

How long do I need to give my child Liver Life?

Liver Life should be used until the saliva pH has stabilized between 6.8 and 7.2. Once the pH balance is restored, continue to monitor pH by occasionally (every 2 weeks) testing saliva and urine. This helps to insure the pH is staying in optimal range. Supporting the liver throughout your child's detox protocol is essential to a successful outcome.

In polluted areas, when using poor quality or chlorinated water to cook, bathe in or drink, eating inorganic foods and during emotional stress, when indigestion or mild constipation is present, it is beneficial to take some Liver Life a few times a week. This can also be gauged according to pH. If the urine pH is at 5.8, but the saliva is staying out of range (<6.8, >7.2) resume the Liver Life as more acids need to be drained.

What positive changes should I expect to see in my child?

As a result of adding Liver Life to their child's detox protocol parents have reported better social skills, communication, appropriate speech, focus, comprehension, ability to do school work, much more calm, consistency in day to day abilities, better absorption of nutrients from foods which enables them to decrease mega doses of vitamins and minerals, decrease in food sensitivities, and better stools.

Why does the Liver Life protocol say that I need to decrease other supplements as I ramp up the dose?

When the liver is working properly we are more efficient at assimilating nutrients from food. A concentrated supplement may suddenly become too much for your child. During the first week, as you ramp up the dose of Liver Life, it may be necessary to decrease additional supplements during the first week. Our clinical research has shown when the mineral and vitamin supplement doses are reduced by half, children experience more significant gains.

Where can I buy pH strips?

You can purchase pH strips from your local pharmacies or online. We recommend www.ph-ion.com Get the pH strips that break the readings down into smaller increments. For example: 6.0, 6.25, 6.5, 7.0.

Do I have to use NDF Plus for Liver Life to work?

No. Liver Life is effective as a single remedy. For the most effective detox, we do recommend beginning your child's detox protocol with Liver Life followed by NDF Plus.

What other things can I do to help restore my child's pH?

Many foods can assist in restoring your child's pH. Fresh squeezed lemon juice is one of the most effective alkaline forming foods. For additional alkaline forming foods you can go to <http://www.essense-of-life.com/info/foodchart.htm>.

You can also supplement with sodium, potassium, calcium and magnesium, please consult with your child's practitioner for the appropriate dosage.

Mineral waters are an easy way to support a healthy pH, also using an alkaline booster like Alkazone <http://www.toolsforwellness.com/49017.html>

Can I give Liver Life at the same time as my child's other supplements?

Yes, you can. However, for maximum efficacy give Liver Life 15-20 minutes before other supplements or meals.

Do I need to test my child's urine pH daily?

We recommend checking your child's pH daily for the 14 days. After the first week test urine pH about once a week to make sure you are at the proper dose of Liver Life. Once your child's pH is stabilized, testing once every 2 weeks is advised.

What is the maximum dose of Liver Life I can give my child?

40 pounds or less- max dose 30 drops a day. (15 drops, twice a day)

40-75 pounds- max dose 4 dropperfuls a day. (2 dropperfuls, twice a day)

75 pounds or more- max dose 6 dropperfuls a day. (3 dropperfuls, twice a day)

Maximum dose should not be given as the starting dose of Liver Life. To avoid regressions and aggravations, it is essential to start with just 1 drop twice a day. (Follow Liver Life protocol for dosing instructions) Starting with a higher dose has been reported to cause flu like symptoms, aggression, irritability, regression in skills, rashes, inability to concentrate, and painful urinations. To insure your child gets the most out of Liver Life, start slow and ramp the dose up. If, at any time, your child shows aggravations, decrease the dose.

If my child's pH is in range, can he still benefit from Liver Life?

Yes. In addition to restoring pH, Liver Life decongests the kidneys and liver, normalizes liver enzymes and restores liver functions.

Better eye contact, speech, comprehension, social skills, ability to focus, better moods, and increase in conversations has been reported from parents giving Liver Life even though their child started with a healthy pH.

If my child's pH is in range with 2 drops of Liver Life, do I continue to ramp up the dose?

We've noticed that increasing the dose of Liver Life even after the pH's are in range has enabled children to make additional gains. Continue to test the urine pH as you ramp up the dose of Liver Life.