



Notes: Klinghardt and Power Supply

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Dr. Klinghardt stressed the importance of turning off the power supply (fuse) to the room your child sleeps in. The problem is that the wiring causes negative electromagnetic fields, and our wiring codes do not require any insulation to prevent it from leaking outside the walls. A caution was made especially to people using the magnetic bed pads, because they amplify the problem. It was recommended that you move the child's bed 2-3 ft from the walls. (I assume this was if you didn't turn off the fuse box).

We seem to have avoided this problem with a different technique recommended to us by another dr. (Dr. Grade, who is a pain management dr as well as homeopath. He is currently on leave of absence, so unfortunately he is not available at this time.)

Wrap the incoming power line to the house

1. Get black-coated, 14-gauge electrical copper wire at a hardware store (Home Depot, Lowe's, Ace, etc.). It comes on a spool and costs around 15-20 cents per foot.
2. Wrap it 19 times around the incoming power line, just below the fuse box. That is the one that comes up from the ground and goes into the fuse box outside your home. I don't think it matters which way you wrap it (clockwise or counterclockwise. Kenny thinks he wrapped ours counterclockwise.) Kenny pendulum-checked before moving on to the next step to ensure he had done the procedure correctly.
3. Wrap regular black electrical tape around the electrical wire, to keep it from unraveling or getting affected by the weather.

Note: Get more wire than you think you need. Kenny tried wrapping a string around the line first as a kind of measuring tape but he still had to go back twice to get a longer length.

A related thing is to wrap the incoming water line. Can't remember exactly what it was protecting against - something like bad energy in the water, I guess.

Wrap the incoming water line to the house

Same procedure as above, but use yellow-coated electrical copper wire. Our instructions don't say the gauge, but Kenny is pretty sure he did the 14-gauge like the black wire. Look for the plumbing pipe coming up from the ground, and wrap it just below where it enters into the house.

We got home after the Klinghardt conference and pendulum-checked if we needed to turn off the fuse to Bethany's room at night. No. Was it the power line wrapping? Yes.

Hope this technique might work for others. Be sure to pendulum check to ensure you've done it right and it's effective for your home and child/family.