



Notes: Klinghardt conference

Date: Saturday, 1-21-06

Place: ASU, Tempe, Arizona

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Announcements

- Dr. Zieve attended conference; is good friend of Klinghardt; is preparing a family constellation workshop in May.
- February 17-19, Embassy Suites in Camelback, Yasko and Gordon conference

Intro

- Maintains a practice in Seattle, Washington in addition to lecturing
- 2 types of researches: people who sit w/computers and do theoretical work, and people who work in labs with practical application
- In Europe, rate of autism is about 1 in 2,500. US is only place where the rate is so high (2 other countries rising).
 - Unofficial rate is 1 in 50 or 60
 - Officials not releasing true info
 - Hundreds of thousands of autism cases in Nigeria due to the thimerosal vaccines being forced on them. Sanctions are huge - parents are jailed and even beheaded if they refuse vaccines. Amount of thimerosal in Africa vaccines higher due to warmer climate and need for more preservative.
- Approaching autism from angle of toxicology, not genetics. Has been most "rewarding." (e.g., fruitful)
- Cowrote a paper - the link of mercury and autism. Paper available today from Heel. Published in peer-reviewed journal.
 - "Mercury and Autism: Accelerating Evidence." (in handout)
 - Exposing the link between ethyl mercury and mercury
- Klinghardt is financially involved with BioPure. Gets paid a salary that amounts to \$2/day after expenses.

Chronic Illness and Mercury

- Tubulin
 - most important structure inside nerves.
 - Most abundant brain protein.
 - Especially vulnerable to mercury
 - Too many connections (dendrites) in autism (not too few). Wrong pruning.
 - Metaphysical:
- Key Concept of how mercury causes autism:
 - Every cell has every second of the day, approximately 100,000 biochemical reaction and must be carefully timed with each other. 100,000/second interactions.
 - Inside the cell are two live-emitting substances: DNA and Tubulin. DNA actually contracts and emits light. These create a field around us. It is the light shining into the body that regulates the enzyme reactions. Protein can be formed in 1000 different shapes. Only 2-3 that are beneficial to the system. It is the light system that regulates the folding of the proteins (shapes they form). It is the epigenetics that cause the problems in autism. Dr. Popp is commonly considered the genius behind the concept of the light field.
 - **Primary concept of mercury impact:** It damages the tubulin, which damages the light field, which causes the autism.
- 2/3 of toxins in the mother get passed on to the firstborn child - this is mercury toxicity usually
- If it's later child, like 2 or 3rd, you have to look at other causes. Often vaccines, but often chronic infection - usually Lyme disease or mold. Simple clinical tip - has made all the difference in our practice.
- Sheep study: Implanted mercury fillings in sheep for three days, then removed. Jaw bone, gastrointestinal tract, then kidney all had heavy mercury.
- Monkey study: Same thing. Mercury ended up in jaw, kidney. POisoning of pituitary gland, front cortex.
 - Mercury has half-life of six weeks in the blood, but it doesn't get excreted from there - it gets absorbed into organs.
- All these studies are public knowledge but not acted on because of politics and connections to vaccine companies.
 - "An outcome of pure evil."
- Mercury: Inhibits enzymes, binds with selenium, creates free radicals and depletes antioxidants. No enzyme has ever been shown NOT to be destroyed by mercury. All the things we know because we are treating these symptoms in autism.
 - Neurotransmitters depleted.
 - Lower glutathione levels, lowered energy metabolism (glucose, mitochondria, ATP, NADH).
- Mercury can be made more lethal by coexistence with other substances, primary lead.
 - Mercury is the only substance in toxicology that has this synergistic effective with environmental compounds
 - Once you get rid of mercury, the plastics, the aluminum, lead, solvents become much less important in the toxicity issue.

- APO E is a cholesterol. Binds to heavy metals such as mercury. There are 3 different types of APO, depending on your genes. If you have type 2, you have full amount of cysteine attached to APO for heavy metal removal. If you have a type 3, you have less cysteine attached to the APO E (1 left), and if you have type 4, you have NONE.
 - When you have both bad types of genotype, you get early onset Alzheimers. The causes of adult Alzheimers are the same as childhood autism.
 - Parkinsons is also same pattern as in autism
 - 15% of the population have these genetic “defect” normally.
- The APO issue is the **methylation deficit**.
 - Mark Schauss: For generations the methylation distortion will carry on, even if the DNA is corrected.
- Ubi quinone from heel - most important substance for one of the deto pathways n-acetyl transferase. They give 2 shots/month?
- Glutathione: Genes for glutathione production have mutations, therefore no glut produced, or greatly reduced amount, depending on genetic _expression.
 - Can’t be fixed with homeopathy as easily as the other gene issues.
- “Mercury is a temporary wrecking of the brain with a large potential for recovery.”
- “Biology is cruel. It favors the mother over the child. The first baby is a ‘throw-away’ baby - it receives the mercury trash in the mother. The second child has a chance.”
- Epidemiological studies
 - Healthy kids: Give DMSA/DMPS challenge, tons come out. Give it to an ill child, nothing comes out. They are the ones in trouble.
 - Mercury in hair: Milder cases of autism have more mercury in hair analysis, worse caes have more mercury.
 - Absence of what you find in hair, stool, urine that shows problem.
 - Genetics are NOT the only culprit. There is the matter of environmental load.
 - Mouse studies: Hippocampal neurons too densely packed with altered glutamate receptors and transporters.
 - The parents have paid for all the objective research, not the public funding. It’s the same all over the world, but it’s most transparent in US.
- Gary Gordon: <http://Testingfor4health.com> - Where to go for genetic testing. It’s Yasko’s test. The only one that is reliable.

Formal presentation on handout begins here

- Testing methods - Only two reliable methods to determine how much mercury is present and if child is mercury toxic.
 - MSA (meridian stress analysis)
 - Muscle testing (Klinghardt)
 - There is nothing else that will work on sick people.
 - “Every mom in the world can learn it and become the treating physician.”
“Not reserved for the wealthy elite.”
- The five A’s
 - Autism, Allergies, Atopic skin diseases (eczema), Asthma, ADHD, Seizure Disorders.
 - Only thing different is epigenetics

- Seizure disorders easiest to treat - has made every child seizure-free within one year, except 1 child who had corpus callosum dissected.
- Common physical findings (not all copied from slide - just his comments here)
 - mirror neurons in frontal cortex. Those are the ones that make you smile back at a person. Autism is a result of dysfunction of mirror neurons. No one is smiling back. **most sensitive neurons in the brain and first to be injured by mercury.**
 - Non pruning of dendrites - causes increased frontal lobe size and white matter
 - Astroglia = blood brain barrier (BBB). Also among the first to be injured by mercury. Causes leaky BBB, which then allows all the toxins in.
 - Autoimmunity issues induced by mercury.
 - "Profound possibilities of change in older brain cells. "
- Common energetic findings in ASD
 - Energy body/soul displaced into the surround area near the physical body (huge energy field).
 - Light cannot interact with the body
 - "Children have 360 degree vision, they have energetic perception 20 ft away. They are very alive outside their body but not inside it. Nobody has ever pointed this out to you, but it is a very real phenomenon. Their body antennas are all polluted with mercury. It is a most evil plan to disconnect a being from their body in this way. If I were to be in control of hell, I would invent mercury."
 - Enhanced telepathic communication. Not so with your other children.
 - Comms and perceptions cannot be received or downstepped into the physical body because of the damaged tubulin.
 - Very responsive to energetic medicine.
 - Switching and blocked regulation
 - Hyperactivity in most meridian systems. System is unregulated, the meridians go wild, because the control mechanism from the light field is missing.
 - Main dysfunction in 2nd and 6th chakra. (severe)
 - Because of extraordinary energetic sensitivity the ASD child becomes recipient of unhealed transgenerational family issues (family constellation theory)
 - Testosterone - Girls w/ASD may recover at puberty because increased estrogen lowers overall ratio of testosterone. Test. increases effect of mercury. Girls have to be extremely mercury toxic to get ASD. Some people are giving Lupron (cancer drug) to shut down testosterone production.

Informal Q&A here - Misc topics

- Most children w/autism also have Lyme disease. Kids make progress when you treat Lyme and mold.
- "I'm big on TD-DMPS. I know it's controversial, but there is no controversy in the science. DMPS is the most effective removal of mercury. What you don't know is that in Russia DMPS is used to remove viruses and bacteria and mold toxins."

- We discovered this when patients got better even when no mercury coming out in urine. What they didn't look for was the mycotoxins being mobilized and removed.
- When you make mercury less toxic by lowering testosterone levels, you allow the mercury to come out earlier.
- Look on Klinghardt for info on mold and Lyme.

Back to presentation here

1. Occurrence and severity of autism is directly related to toxin exposure in a child with inadequate genes (those that code for detoxification enzymes)
2. **Disagreement with DAN!** Autism is NOT multifactorial. CNS-mercury play the key single role in causing autism
3. Alex Palmer - Located in LA. Dentist who works with Klinghardt autism kids with their "bite" problems.
4. 2/3 of body burden passed on to child during gestation and breastfeeding.
5. Testosterone - how to lower it
 - homeopathic homaccord of test. lowers it naturally
 - PC-SPES (Chinese herbs)
 - 1-2 tbsp/day ground flax seeds in yogurt or cottage cheese. This is important because gut flora (including the Lyme disease) take the hormone metabolite and recycle them into the gut for absorption into the system.
6. **Zinc has a negative synergistic effect with mercury.** Beware of too much zinc. Figure out if needed and how much by muscle testing.
7. <http://ewg.org> - Environmental Working Group. Two studies important. Umbilical cord blood study and body burden study in health adults (of 140 chems looked for 100 in toxic levels.) If breastmilk were to be regulated by FDA/EPA, would have to be disposed of in special landfills.
 - Glycine or dimethylglycine - treatment for environmental toxins
 - Conezyme from HEEL.
8. Still eat the fish. The benefits still outweigh the lethal chemicals that are in there.
9. Breastmilk can be made clean by giving 3-4 doses of chlorella a day.
10. Glutathione
 - Myth: Can't elevate plasma glutathione by giving oral glut. Cannot restore glut by giving it orally.
 - Myth; When you inject glut, it will restore glut in the brain. Even when you inject it, it isn't increasing in the brain.
 - Fact: You can only increase glut by giving precursors and doing it indirectly.
 - Possible: Giving it nasally (nasal spray) Inhaling has some possibility. Lipopeutical glut - no indication it is effective. Transdermal has unique aspects that may get it directly into the system.
 - Glut precursors: Over 100 Asian studies looking at raising intracellular glut levels, the ingestion of chlorella the only thing that raised it in significant way.
 - Give 120 tablets a day, child w/asd gets well.
 - Check out Klinghardt's brand
 - Don't take with Vit C.

- PCA is fermented chlorella. Several other products mentions. There is a threshold you have to reach in order for it to be effective (not sure what he meant - that you have to take a lot?)
 - ALA needs to be given every four hours to be safe. It mobilizes the metals, then it gets put back in the brain. Must wake child up even at night for this to be safe.
 - Methyl B 12
 - Glut recipe:
 - Chlorella in high doses, NDF, alpha lipoic acid 25-50 mg every 6 hr 3 days on 11 days off, Methyl B-12 shots. Consider nasal glut spray and TD glut alternating with TD-DMPS.
 - KEY CONCEPT: Putting glut or DMPS into the skin doesn't get it into the blood, but into the nerves. From the nerves it goes directly into the brain. Put it in the skin to get it in the brain.
 - Heal the methylation genes with detox - May take 8 years. NEVER TURN AWAY FROM MERCURY DETOX UNTIL THE CHILD IS WELL.
 - "tetralemma" - I either do this, or this, or both, or neither. This is the problem for methylcobalamine, hydroxycobalamine, folic acid, folinic acid.
 - "Base your treatment on what works." Budha says, "Truth is what works."
11. Urine tests for neurotransmitters. neural sciences lab does it and another, unspecified.
12. PPAR - (peroxysome proliferators activator receptor) Peroxysomes are cell organelles. They are the "liver" of the cell. Has 2 functions: neutralizes toxic substances that come into the cell and for producing the special thing the cell is responsible for, e.g., hormones, biles, pancreatic enzymes. Chlorella acutates PPAR. Better alternative than the drug ACTOS.
13. Immune system
- Kids get sick because they have a mercury-damaged immune system. The viral and bacterial infections are secondary. Immune system cannot respond appropriately.
 - Deworm children at least once a year. - Roundworm, threadworms, and tapeworms. Example: Child came back negative on stool sample for parasite after Dr. K. diagnosed tapeworm. Went and did deworming anyway, and child produced 12-ft tapeworm. Better method than testing is to do the deworming trial.
 - Herpes viruses - Herpes 6 developed by DOD, escaped lab, now 90% of US population has it. It is designed to paralyze the immune system for slow death of a nation.
 - "God-made illnesses respond well to prayer and meditation, manmade ones do not. I've never found mercury toxicity to respond well to it."
 - Chorea (type of strep) - creates inflammation in tonsils and then inflames the brain. The immune system targets the strep marker to kill it, so immune system now attacks the brain.
 - Immunosciences lab: Get these tests: (usually he is against testing, expensive & doesn't give info, but these he recommends)
 - Premier autism panel (measles, strep, viruses, HG markers)
 - Multi-peptide ELISA, test for Borrelia and co-infections
 - Mold Panel

- Molds and fungus. Today's homes are basically cardboard boxes inside plastic bags. This is a mold incubation chamber.
 - When we check the homes of ASD kids, they are often high in molds.
 - Use MatrixMicrobes - spray it in home and it eats up the pathogenic molds/fungi. Also use a special propolis vaporizer.
 - **Get indoor air inspection.** "Your ASD child with defective genes cannot handle the modern American home."
 - Erica Elliot's book, Prescriptions for a Healthy House
 - Mycoplasma - Another manmade thing for warfare. Resistant to high heat so it could be put up in a rocket to transport it. Can't make the dx anymore because government shut down the one lab that could detect it. Dr. K. says "all kids with ASD have it." Main cause of Gulf War Syndrome. There was a huge plume of it shot up in the air during the war.
 - Responds to enzyme therapy and to herbal treatments. (Saw Palmento among others)
 - Mercury and microbes
 - Compartmentalized herpes viruses are known to be responsible for seizure foci in the brain in ASD children
 - Herpes grows only in the area polluted with mercury
 - Use freeze-dried garlic - effective against Herpes Simplex
 - Always use energy medicine - tip of middle finger, firmly squeeze for four minutes. gives dramatic uptake of nutrients in the blood. Combine the energetic procedure with biochemistry, because the child has lost its energetic control of their own body, so you must do it for them. Front pad side of finger is the front of brain, fingernail side is the back side of brain. Do this four times a day for four minutes each.
 - If you don't treat mercury, the bugs come back and come back. If you treat the mercury, you treat them once, they're gone.
14. "There is no cure for autism without eliminatng the different forms of mercury from most body compartments. If you can get brain mercury down 10%, that is the difference between sick child and healthy. It doesn't have to be perfect. But it is difficult to do."
15. After you get the mercury out, you have to treat the damage.
- Eliminate all synergistic factors
 - Recognize and activate defective enzyme systems
 - Identify and treat the 7 perpetuating factors
 - Food allergies
 - Systemic family issues and early psychological emotional trauma
 - Remove ongoing toxin exposure (mold, carpet, floors)
 - Unhealed focal areas or interference fields: umbilical scar, circumcision scar, head trauma from brith, chronic intestinal inflammation, tonsil infection
 - Geopathically disturbed sleeping location an delectrosmog
 - "Exposure to cell phone radiation destroys DNA permanently. Children of current cell phone users will see the effects. We are heading to a huge worldwide catastrophe becasue of this."

- Worst thing in homes is wiring. Most homes are not wired to code. In Germany, all electrical lines have to be in copper tubing, a foot above and below has to be coated with deflective coating.
- Cordless phone is 1000 more destructive than cell phones, creating biological and DNA changes.
- Children living in homes near cell phone towers have abnormal EEGs.
- At minimum: find the fuses in the walls of child's bedroom. Have the walls dead when they sleep. Huge step forward. You are most vulnerable to fields when sleeping.
- Silver coated mosquito net allows you to tent the child's bed to protect from cell phone tower. Beware of neighbors and churches who rent their properties to companies and allow the tower on their property/structure.
- Use dowsing to determine if there is geopathic stress in home. Put four water bottles around bed to accumulate the "bad energy." Test this against a healthy person in the office (MSA? muscle testing?). That's how you know if there's a problem.
 - Defective dentition and facial development of head/neck/jaw structure
 - Persistent chronic stealth infection -
 - PC Salmento (cat's claw), PC Noni from Biopure. Nonalcoholic drops. Usually dramatic improvement in 4 months, then must take for 2 years.
- If you do only one homeopathic intervention, use these three remedies (all HEEL remedies): (1) Thalamus compositum - has homeopathic tubulin. (2) Coenzyme and (3) Ubiquinon OR Placenta compositum OR Tonsilla compositum (not convinced on which one is the third).

Informal Q&A here

- Autonomic response testing - "The only type of muscle testing that really works." He teaches workshops in this.
- Recommends Amy Yasko's testing approach and the 40-page report recommending diet/supplement changes.
- Good adjunct resources - Dr. Amy ? ND from Seattle who works with Dr. K there and having success with autism kids, Dr. Zieve, Dr. Shelton.
- Symptomatic Relief
- Is the body burden passed on worse to the second child if you are breastfeeding the first when the second is conceived? - **Answer:** Don't know. No study on it.
- What is your opinion of pendulum dowsing? - **Answer:** Only as good as the dowser. If they are "clean" the dowsing can be very effective tool. Is interactive with the tester.
- end Q&A-

Treatment

- Klinghardt Protocol
 1. Symptomatic relief with every noninvasive method currently available (this is necessary only until the long-term treatment is effective. It is not for the rest of the child's life.)
 2. Identify and treat/eliminate all 7 risk factors
 - Always remember that ethylmercury is at the heart of what you're treating. It is the cause. Everything else is a symptom.
 3. Decontaminate: Identify and decontaminate compartmentalized mercury, environmental mycotoxins and other toxins.
 4. Treat: Identify and treat opportunistic infections
 5. Restore damaged nervous system, immune system and gastrointestinal tract. Most commonly missed step.
 - "There's an order to the madness." When you get to this point, your child may still look autistic or mentally retarded, but the difference is, now the therapies will work, even the ones you tried before that failed. The child is receptive to the therapies now. Tried things like Tomatis, light therapy, etc.
- Symptomatic relief
 - Diet
 - MSA or muscle testing is best/most reliable to get at food allergies/sensitivities.
 - Remember, it's not forever, just for a few years.
 - BROWS - Barley, rye, oat, wheat, spelt - avoid it all
 - Recommends Specific Carbohydrate Diet (SCD)
 - Autistic children should never get conventionally made US homeopathics. The pellets. They're all based on lactose, which children with autism cannot tolerate. This is part of the effect of mercury on the gut/immune system. Use only saline based or alcohol. Don't worry about alcohol; it is insignificant and less than what is produced naturally in the gut on a daily basis.
 - Give enzymes only at the end of a meal. The stomach acid will destroy enzymes taken at beginning of meal. Wait about 20 mins after a meal.
 - Use Pharmax probiotics. HLC MindLinx (Bethany has been on this). Or, **Beta-Glucan from BioPure**. This one is also good for Lyme. Neither of these is grown in lactose. Take probiotics at END OF MEAL. Let it sit in water for 15-20 minutes to let the 'bugs' wake up and be ready to survive and exit the stomach acid. Otherwise, killed by stomach acid.
 - Biomedical approach
 - Bernie Rimlands B6. **Seizure control 300 mg B6/kg/day (Pietz)**. Magnesium citrate 400 mg/day or at least 25% of B6 dose or at least 10 mg/kg body weight)
 - Body uses copper to fight Lyme disease. So if you see copper coming out, it doesn't mean that there too much copper. it means they're using it up. Many of the kids are copper-depleted. Can also

give copper homeopathic. Cuprum Metallicum - Bethany is getting this.

- Drs don't understand lab results, too superficial an interpretation. They think no mercury in lab - no mercury problem. High copper in lab - must be copper toxic. Neither is true.
 - If you give too much B6, can get numb fingers/hands. if you see kid shaking hands like to restore circulation, having difficulty picking things up, or walking funny, stop B6 to see if it goes away.
 - Vit C - 100 mg/kg minimum.
 - B-complex - Klinghardt recommends high doses of only pantothenic acid, niacin, B2 (500-600 mg/day). No literature, he is the only one trying this out. Or nutritional yeast if tolerated.
 - B12 - Dana Gorman folic acid in combo with hydroxy B12 (5:2 ratio) more commonly helpful when given at the same time sublingually several times/day. Use muscle testing to find which form of folic acid is the right form for this particular patient today. Too much folic acid to B12 = headache, don't feel well. If that happens, give hydroxy B12 alone and it goes away shortly.
 - "Buttar minerals" - Liquid minerals, but Buttar isn't using them anymore.
 - DMG or glycine - dosing is in handout. Use 125 mg tablets and start with ½-1 tablet 4x/day. Up to 20 tabl/day in divided doses.
 - Methyl B12 - Use Neubrandner's dose. However, give the injection straight on, NOT at 30-degree angle. You hit fewer pain receptors that way.
 - Other supps given in handout. Cal/mag. Fish oils (nordic naturals brand), Udo's oil (omega 6 source to balance fish oil omega 3's), folinic/folic acid, vit e, vit a, selenium
 - All studies done on grade 1 fish oil, the best you can get is 2.5 grade from NN. Worst grade is 5.
 - Klinghardt says clean source of fish will end in 3 years due to ocean pollution. :(
 - Selenium - can stop cancer with it, but not a popular thought yet. Also helps with herpes.
 - Low Dose Naltexone. Good symptomatic treatment. Used for Lyme disease and other chronic illnesses. <http://ldn.com> gives info.
 - **Blue light:** If hyperactivity is part of the picture, wearing blue glasses or using blue lightbulb with the Dinshah method or simply in the light fixture in the child's bedroom. Book on this: Light Medicine of the Future, Jake Lieberman.
- Family Issues
 - Unresolved family trauma, such as Holocaust survivors, murders, lost children. These can express themselves 2-3 generations later.
 - Toxin exposure
 - NO CARPETS anywhere.
 - "If you want to cripple your child, go ahead and remodel your home."
 - House issue is huge when you have neurodevelopmentally impaired child.

- Tags in the clothes create friction over the most sensitive area C7.
- Interference fields
 - Chronically infected tonsils most important one.
 - Pleomorphic/Sanum - Antimold remedies.
 - Trial with Sanum remedies Pleo Sanpseu, San Strep, Pleo Not 3x/daily for 6 wks followed by Pleo Sancom drops twice daily for a year
 - **Tonsilla compositum** - Combines many homeopathic remedies that do: stem cell regeneration, nosode for inflammatory/infectious diseases,
- Defective dentition - already discussed
- Biochemical and nutritional deficiencies
 - Read Yasko's ew book Genetic ByPass: Using nutrition to bypass mutations
 - Pat Kane's fatty acid test: Red cell membrane test.

Mercury Detox

- To detox patient, have to use the same pathway as it was introduced to the body.
 - That's why TD-DMPS and EDTA baths work.
- When ethyl mercury (thimerosal) enters into the body via injection, it is picked up by unmyelinated nerves and travels inside the axons of the nerves in less than 24 hours to the spinal cord. 24 hrs later it is in the astrocytes (neurons that control BBB). They start failing immediately. Cannot distinguish what is good/bad in the blood. This is the first step in brain toxicity. Lead, aluminum, other toxins don't do this. Only mercury.
- None of the known chelators - DMPS, DMSA, EDTA - is taken up by cells in the same way.
 - New ideas finally coming up on this area. AMT is working on it (melanie gentile, pharmacist and others)
- Main volume of mercury is trapped in the connective tissue of the muscles, bones, ligaments outside the CNS.
 - 99% is in the connective tissue NOT in the brain cells, not the DNA, not the mitochondria, etc.
 - There is a theory that the connective tissue is the "seat of consciousness" - where "you" live, and the cells are just "factories" to enable the connective tissue for consciousness.
 - Detox the tissue mercury FIRST. Because all brain detox agents bump into the mercury in the connective tissues.
 - Use Chlorella, DMPS to move this. This is the "part 1" of detox.
 - Give gluteal injection of DMPS twice a month to do this. 3 mg/kg of body weight for 4 months (8 shots)
 - Do urine test, will show you connective tissue load being removed; nothing from brain
 - Part 2 is transdermal DMPS or DMSA or EDTA.
 - Many times, TD-DMPS doesn't work because there's too much connective tissue mercury being mobilized and then entering the brain.
 - Right thing at wrong time
- Mercury is also trapped in lymphatics.

- Comes out through the adenoids and tonsils. If they are inflamed or scarred, not going to happen.
- Order of detox
 - Clear the emunctories (excretory organs) first o mercury an dother toxins (Heel remedies ideal)
 - Remove bulk of mercury first not bound in the CNS
 - Remove brain mercury last (TD-DMPS, oral cilantro, microcurrents)
- A good program uses sequentially different agents. Essentials:
 - Protein-rich diet corrected for blood time, food sensitivities
 - Liquid minerals, and correct for vit/min deficiencies
- **Handout has program details for detox program** - he went through them too fast to type, too many details with dosages, etc.
- Cilantro - most potent binder of mercury. Eat at least a handful a day. Or use tincture. BioPure brand is good. Rub tincture in wrist and ankles; highest concentration of autonomic nerves. German recipe published in 1010 - over a thousand years ago - is a cilantro tea based on cilantro tincture. most powerful detoxer. Also removes radiation and bad bugs.
 - Put cilantro in water that is this temperature: 82 degrees celcius. Take boiling water, let it sit two minutes, add cilantro, to make the tea?? Not sure about this comment.
- TD-DMPS, Chlorella, Cilantro - most powerful intervention
- Toxaway footbaths from BioPure are getting popular and effective.
- Treat worms with Vermox, 100 mg twice daily for 3 days/repeat after 21 day pause. Treat first, then try to confirm dx.
- High dose of vitamin will stop most viral infections in its track with 400,000 units Vit A palmitate individed doses (the 40 drops). Important to know for all parents not vaccinating.

Healing the damage

- Most important thing is to use the fingers. Even older people who use computer keyboard do better.
 - Massage, working out, keeping muscle mass also work
- Ed Snap - gifted PT in Mississippi (?). Put child in warm saline water pool, played mother's heartbeat through the water, and did PT in this environment. Tried to regress the neuron's to fetal stage to stimulate nerve growth. It worked.
- Color therapy: College of Syntonic Optometry or Dinshah method. Shining color into the eyes of children can change brain development.
- **Tomatis sound therapy**. Try the *Listening Program*. Force missing sounds through bone conduction into the brain, they reappear.
- EEG biofeedback
- Newer techniques = touch, movement, sensory stim of all kinds (e.g., chiro neuro - Jen's comment)
- Stem cell therapy - done by dr in San Diego, drive over border to Mexico to get injection, \$6K per shot. Won't help child if you do it before the brain is detoxed. This helps brain catch up. Don't give it too much weight - it's not a miracle drug either. But it can help.

Homeopathy

- Autism can't be treated only by biomedical intervention. It has failed.
- Gerhard Koehler MD, PhD (Klinghardt mentor): 3 types of healing methods
 - Suppression therapies (anti-inflammatories, anti-biotics, anti-fungals, anti-tumor agents, etc.
 - Substitution therapies: insulin, thyroid hormone, minerals, etc.
 - Regulation therapies: homeopathy, herbs, neural therapy, acupuncture.
- Most antibiotics are very profound and effective heavy metal chelators. But this is not what they're known for.
- 3 carriers of homeopathics.
 - Liquids - water alone, water plus alcohol or saline or minerals
 - Holds energy very strongly for up to hundreds of years
 - When no alcohol is used, bacterial or yeast growth may occur over time
 - Sugar pellets - Overwhelming disadvantage with lactose base
 - Energy medicine - Can put on:
 - audio/video tape (magnetized metals)
 - superimposed on pulsed microcurrent (KMT) (Klinghardt Matrix Therapy)
 - superimposed on laser beam, sound, magnetic field, or other electro-magnetic carrier
 - Digital information stored on CD or computer (BioPure KMT technology)
 - Have remedies on CD \$25, say, for Lyme disease. Put in player with cordless headset amplifier, which transmits via infrared light. Get rid of headset receiver - just the transmitter is what is needed. Floods the light field with the homeopathic information
- Take homeopathic remedies away from food/drink by 20 mins. Separate different remedies by 30 seconds.
- Heel BHI remedies are sold in health food stores. Other remedies are considered "legal drugs" in US, so you must get from homeopathic dr.
- Three bodily systems ("germinal layers" - the original cells where the structure arose), and each has its own immune system that doesn't crosstalk with the others.
 - Ectoderm - skin/brain
 - mesoderm - muscles
 - Endoderm - gut/organs (liver, gall bladder, intestines, etc.). Pills will only treat this, even if you're trying to help something else, like the brain or skin.
 - Example: Put Thalamus compositum - put it on the skin, specifically on the Thalamus point in the ear (the little bump). Or put it in the nasal passage.
- If you think about homeopathy this way, it makes homeopathy more powerful. That is why pill-popping is so potent to cleanse the liver.
- If you put remedies in the right tissue - increase their power exponentially.
- Nux Vomica - main gut remedy - take it internally.
- Mucous membrane regenerates in 3 days. What is injured is the lymph nodes under the mucosal layer. The tonsils regulate the lymph nodes in the gut. So most effective

way to treat lymphatics, inject it into the tonsils. This is a standard neural therapy technique. Mom's can't do it. Shelton or Dr. Zieve can do it. You can laser it onto the tonsil. If no tonsil, inject in area where tonsil was; will still get picked up.

- Dominant lymph nodes for the lungs is the adenoids. If you want to detox the lungs, inject DMPS into adenoids. Can't do this in the US. He does it in Europe. Heals asthmatic children.
- Doses recommended for ASD are LOWER than what is recommended by HEEL.
- Nancy Maser: use injectin of Procaine into the thyroid or blue light to slow down an out of control child.
- 1. Organize lymphatic and organ drainage before triggering a dumping of mercury and other toxins from their hiding places.
 - Heel remedies: Lymphomyosot - a mix of many remedies (contains Horse Tail, which B. is already getting)
 - Histamin - prevents food sensitivities if you give 5 drops before a meal
 - Berberis Homaccord - kidney drainage. Give it 3x/day when doing TD-DMPS. Accelerates drainage of toxic metals from kidneys.
 - Hepar compositum: - ties them to the earth, one of the remedies.
 - Natrum muriaticum 12x - for alopecia and greasy skin (in miasm mix)
- 2. Start metal detox program
 - Schwef Heel - different dilutions of sulphur. Mobilizes mercury and all toxins from their protein binding sites. Expect powerful increase in detox symptoms and positive long term effects. Start later in detox program.
 - Thuja forte - universal vaccine antidote
- 3. Help cells to wake up and regain their intelligence (ability to communicate and clear themselves of toxins)
 - Coenzyme compositum
 - Thalamus compositum
- 4. Clear infections and infestations
 - Echinacea compositum
 - Engystol
- 5. Brain and brain system repair.
 - Tonsilla compositum. Used for 1 year or more. Has umbilical cord in it, gives all the growth factors and neuropeptides. Glandular component dramatically influences brain of child to grow brain.
 - Placentum compositum
 - Solanum nigrum 6X - violent restlessness, alternation of coldness/heat
 - Valerianheel - for insomnia and against brain herpes viruses
 - Apis Homaccord - to treat Borrelia (Lyme disease)
 - Belladonna - short term use only

Clinical Tips for Parents

- Take a spiral approach. Keep coming back to what works, even if you take a break from it. This is kind of like layers approach. You think you're done with metal detox, it stops coming out, then you treat a virus, and then suddenly there is more mercury to come out.
- Low back pain and recurrent bladder infections sign the program is working the kidneys too hard.

- Is Anna's urine colorless? Kidneys might be plugged up.
- Other handout info. - use D-mannose for recurrent infections (1 tsp q 4-6 h till resolved)
- Most common reason for magnesium deficiency is giardia.
- Seizures; usually Herpes virus. Use anti virals, esp freeze dried garlic. Recommended Lamictal or Depakote for 1 year if needed to control. I am dismayed and shocked!
- Recurrent ear infections could have been GERD (reflux).
- end formal presentation—

Now, Roxanne Small talks about Ed Snap PT work, and then Klinghardt again on the energy tools

Ed Snap - Columbus, Mississippi

- Ed Snap had an accident in May and is in a wheelchair himself right now.
- Roxanne is a PT, like Ed. They do alternative PT.
- Theory: Development begins at conception so regress an injured person back to that stage to make progress. Later he realized that development begins prior to conception via genetic code.
- Example: Most children sit at 6 months and walk at 12 months. Ed took that concept prenatally. In 2nd trimester, child learns being in flexed position, hearing heartbeat, and light/dark through closed eyelids. Third trimester: Child can see more because eyes are open and uterus is stretched allowing more light in. Then upon birth, dry skin sensations, etc.
- When someone has a neurological insult, identify which point of the developmental spectrum the nervous system understands.
 - Never think of "what's missing." it's all available.
- **Approach:** Control the environment to get the nervous system to associate and reorganize itself.
- KEY CONCEPT: Learning is instantaneous. Building the background is gradual.
- In traditional PT we work on the problem area, i.e., trunk strength to sit up straighter. However, the problem is really in the background, which is not being addressed.
- Therapy is done 6-7 hr/day for 10-14 days at a stretch. Clinic is dimly lit, no bright white light (prenatal). Lights are blue. **GE party bulbs blue is the best.**
- They also use green, red, and darkness.
- Some therapy done in water, some in table with slick surface like marlite or plastic, with glycerine added as a lubricant. They try to work with 'slick' sensations because that is earlier developmentally than dry skin sensations.
- "Ed is a genius. In my opinion, he thinks multidimensionally. I'm not a genius. I think in a straight line. But I am to follow what he does. I am certified in Chronologically Controlled Therapy."
- (480) 231-7534. Located in Gilbert. Major area of practice 0-1 ages. Interested in prevention. Book - Building Babies Better.
 - <http://futuresunlimited.com>

Q&A

- C-section rates affect development. Relaxed abdomen and lower muscle tone more common in c-section babies.
- Good results with bathing: Get bath temp at body temperature, 98-100 degrees get pool temperature. Watch visual stim coming in - too high level. Put blue light in bathroom and use dimmer. Keep background noises down, even heat pumps, which bring nervous system up to high level.
- When to use red, blue, or green light? blue is safest. Green can have very strong effect. Would take a whole day to explain when to use each. Fluorescents bad when trying to work on postures and motor skills.
- Success with seizures? Yes. Also success with traumatic brain injury, cerebral palsy. Sometimes seizures can be a sign that the nervous system is trying to organize itself and some kids are better after seizures.

Melanie Gentile - AMT Pharmacist who has daughter with Rhett and severe seizures

Talking about Ed Snap's work - took her daughter there

- DMSA can cause neurotoxic effects and caused her daughters seizures.
- B12/folic acid, had been up every night since she was 2 and injured. This went on for five years. That was "first miracle."
- Went to Futures Unlimited. Maria was rigid and toewalked and walked like a pengiun.. After first visit, the toes went down.
- "We're nowhere near better, but we are better than we were." For a Rhett's child, Maria is incredibly well. most children at her age with Rhetts are in wheelchairs, and instead she keeps getting better.
- Told story about ASD child who is now in typical classroom and you'd never know anything had been amiss.

Dr Klinghardt on Energy Tools

- KMT
 - Put 4 electrodes on the face or over other part of body, send microcurrent through the electrodes into specific point.
 - Example: If kid gets into trouble with TD-DMPS, put the electrodes over the kidneys, send microcurrent through, clears them, problem resolves.
 - Dr. Shelton does this method.
 - Seminar or DVDs: Klinghardt Matrix Therapy - so you can learn.
- Light Shield
 - Array of red and infrared diodes. Laser diodes. Penetrates 3 inches into body. Can dramatically mobilize metals. Can put over brain to mobilize mercury. Can do it over kidneys. Also stimulates ATP.
 - Shouldn't put it over eyes more than 10 mins. If more, put aluminum foil over eyes to prevent overstimulating the eyes.
- Rectal ozone machine
 - Clears bad gut flora

Dana Gorman on Total Body Burden

- Klinghardt Axiom 1: For each unprocessed emotional trauma, there is an unhealed biological problem.
- Klinghardt Axiom 2: For each toxic amount stored in the body, there is a colony of bad microbes that sets up house.
- To take down microbes, you have to simultaneously take down toxins AND emotions.
- Went to Ed Snap, helped with her son's seizures. Also gave perfect bowel movements and eczema went away.
- Her personal opinion: All the stress and therapy and intervention bring chaos and inflammation into their systems. Try to down regulate the chaos to promote the healing. The chaos is regulated to the other areas. The stress level is trapping the toxins in their body.
- See Dana's chart on total body burden on her web site <http://defeatautismyesterday.com> (org?)

Q&A with Klinghardt

- Most constipation is neurological. Great remedy is to give high dose of chlorella - removes mercury from the gut.
- Is there a way to bypass TD-DMPS: My current belief is no, to get the deepest level of detox you need DMPS or DMSA to achieve ultimate "debulking" of the body. You need the chemical compound to remove it. He has swung back and forth on his opinion over the last 15 years.
- Can you crush chlorella and mix with water? Chlorellyte (sp?) - Chlorella mixed with electrolytes so it's easier for kids to take.
- Magnetico pads: I know Dr. Bonlie personally. He is a little "off" on his detox program. It's good but missing some pieces. Dana assures me that there is something here. It's a good piece to have in the program. We know there is value in it. Need to have it at least feet from the wall. Note that they are receivers for electrical energy, too. The closer to the wall the more it receives the energy from the electrical wiring.

ART (Muscle Testing) DEMO

- Trying to identify where light emitting field is dysfunctional or disturbed. Normally the light comes out in clear, polarized planes.
- Use a sensor to determine where the disturbance is. Can put vials and other things to correct the disturbance.
- Test subject had assymetry on the left side. Can correct that with tapping of acupuncture point.
- Had Dr. Dirkson stand next to the test subject and he pushed on her outstretched arm.
- Then he checked to see if the tapping worked.
- Put his hand on different points while pushing on Dr. D's arm to see where the main issues were. Thyroid/throat chakra was a weak point. Tapped on a hand point, then checked again pushing on Dr. d's arm.

- Where are distortions in field? Right temple area tested, so did liver. Applied Heel remedy for sulphur.
- Held is hand about 2-3 ft above body in her energy field, tested same points. Found dysregulation still in thyroid.
- Last step - how we look for toxins in the body. Take a vial of methyl mercury, using resonance to find where the mercury is. Can search specifically for thimerosal. Hold it up in the energy field and muscle test. Found it in the gut, the liver and the brain. Then tested TD-DMPS. Didn't work for brain, but did test for liver and gut.

Concluding remarks

- "I feel like you that I know nothing." He is concerned about the evil politics that are "overflowing" around all this.
- "I do believe for your children there is a solution out there and more and more there will be more powerful solutions coming out. Never give up on your child. Look for complete recovery and health."
- END—