

## HBOT Experiences

<http://www.autismweb.com/forum/viewtopic.php?t=7173&start=0&postdays=0&postorder=asc&highlight=>

Posted: Tue Aug 01, 2006 4:46 pm

Post subject: Thought some of you on this thread might be interested in our most recent hbot experiences.

My 5 y.o. has been doing mild hbot on and off for a few weeks now. We recently (past 2 wks) started doubling up on dives (2 back to back instead of 1 daily) and try to miss a day only when absolutely necessary. Here is what we are seeing:

- after the initial doubling up on the sessions, he came down w/a virus that included lethargy and vomiting. It lasted about 48 hrs. Can't say for sure if this was hbot related.

- his motor skills have largely improved over the course of these 2 weeks. Specifically, he is much better at dressing and undressing himself, removing shoes, scribbling, feeding himself w/utensils, brushing his teeth, pushing the grocery cart, pushing his brothers stroller, helping me put groceries in cart, riding his bike, etc. He is starting to show some interest in potty training.

Previously, he would resist these types of activities and often his hands, body, whatever would go limp. Sometime he would walk or run away. It was like he knew he had a hard time w/these activities so he avoided them. Now, he looks for opportunities to do these things and often does not want help.

We also have been using the mask consistently, whereas before, it was hit or miss depending on if he would tolerate it. Now we simply go in a few mins before bedtime, he falls asleep, and I put the mask on him.

Also, he enjoys going in now and snuggles right up to me, whereas before it was a struggle to get him in.

Some benefits we saw previous to these two weeks but since starting hbot include him being more relaxed and actually being able to sit and watch some of a baseball game w/his Dad on TV. Before, he was just in constant motion all of the time.

We've seen cognitive improvements also in terms of identifying numbers, letters, animals, etc, especially in a school or therapy setting, but because these improvements have evolved over the course of several weeks and we are involved in other interventions (chelation, etc.), I can't attribute them solely to hbot.

My opinion at this point is increasing the duration and frequency of the dives along w/using the mask have really helped our son. Just thought I would share. I will continue to post as we see (or don't see) things occur.

Dana R.

Posted: Wed Aug 02, 2006 9:00 pm Post subject:

[That's great Guys](#)

[Figured I would post an update now because I had mentioned it in the past and dint do so.](#)

[Also figured it would be acceptable. Sorry it's a little longish but was clipped from two different posts](#)

For those of you who don't know, my son is now 8 years old and we have been doing biomedical intervention for 5 years. Everything less antiviral (next step), From maintain diets, full supplement regimen to chelation. We have chelated 70 rounds but stopped prior to mHbot and plan to continue in the next week or so. Here is an update that I had posted from on another biomedical board. Figured I would post here for those who are doing or seeking to do treatments. It would be nice to hear from other parents and get updates, weather it be Hard Hbot at 1.5 ATA or mild mHbot 1.3 ATA.

It would be encouraging to hear from parents alike who are doing mild treatment. Cause to be honest with you the jury is still out on this one. Allot of healing is taking place across the board and this info should be shared as well. I hope this is encouraging to all and may give way for others to share as well.

We are all on this journey together.

Thanks Kenny V.

*Listmates I plan on doing a better update soon maybe Kim may want to chime in.*

*But for now for those of you who wrote. I wanted to post a quick update for all to view.*

*I dunno if you know but we stopped our Mb12's and chelation to see what Hbot does.  
Btw can't wait to bring these back...*

*As far as what we have seen*

*He has definitely gained in expressive language, lots of new spontaneous things, more interested in engaging socially his eye contact has definitely stuck more.....*

*(I can say with excitement this is gold to me) it's like he is looking at you all the time and no longer looks through you or need to get his attention /prompted etc...*

*And there is a definitely stuff happening (subtle changes across the board) kinda not sure but you know something is there. Sorta like a maturity /snapping out of it thing. Im sorry it's hard to explain, but I think you all understand when you are on the cusp of obtaining new milestones.*

*What I do believe is there seems to like a greater depth to his all around well being.*

*Do you know what I mean?*

*ohh!! Couple of neat things lately like saying stuff/-asking things he never has before in greater detail. He also seems to be more independent and a "wise guy" in a good way. He is challenging adults making his own decisions and making it clear that he gets to express his own opinions.*

*. He definitely has more sense of humor and I think he is almost ready to lie!! ... lol..*

*I can't wait and hope that's true. Some of these changes are so subtle ya just can't tell some times. It not as drastic as what we seen when we chelated or when we started Mb12's with the explosions and all the 'wows'*

*New things: in the last few weeks are his depths of language in asking Q's .... Not alot but on a few occasions he has surprised us by his responses. Edit no!! (Lots of surprises lately) He seems to be more interested with social engagement outside brother sister family / strangers etc...Very opinionated and more independent. Lots of abstract thinking I must say that he is including details in his interaction that we haven't seen before. I really believe that there is more depth to it.*

*I know it might not seem like much, but 2 or 3 things we have noticed lately is Joel wanting us to watch him as he puts on shows (puppets) / dance/ play. Sometimes demanding for attention. The neat thing is it is not all that scripted alot of it is definite imagination and spontaneous interaction. We even ask him and he says "its not from a book ", Not from a movie a or video, " I made it up" I have to keep asking my wife and my other children because I cant tell anymore, what is scripted. He definitely has alot more to say lately...*

*Will see where we go from here...I am exited*

*Thanks Fur listening*

*Kenny v*

*Btw*

*Been doing mHbot, Joel completed 33 dives we have 10 to go.*

*We are doing Mild Hbot (mHbot) 1.3 ATA with concentrator and mask.*

*Looks like we will be finished with the forty dives 2nd week in July and upon my last visit I will be bringing home a chamber.*

*I am excited to where God may lead us in helping other people and be part of what he is already doing*

*Thanks Again*

*May God "Bless " you all*

*Since that update we have only done about 10 dives at home, we have alot of things going right now and just getting back into chelation. In the next few weeks we will be concentrating on doing dives more consistent and will update soon.*

*Again Sorry so long*

*Kenny v*